

Fairfield Care
Quality solutions for care you can trust

A Practical 72-Hour Emergency Checklist for Care Homes

Care home managers and staff may find the following checklist useful when reviewing their emergency preparedness.

Area	Essential preparation
Emergency planning	Review and update business continuity plans.
Staffing	Prepare emergency rotas and contact lists.
Lighting	Check emergency lighting, torches and spare batteries.
Electricity	Test backup generators and identify essential electrical equipment.
Medical equipment	Identify residents dependent on powered equipment and arrange backup supplies.
Medication	Secure sufficient medication and review refrigeration requirements.
Food	Maintain a three-day supply of suitable emergency food.
Water	Calculate and maintain adequate drinking and hygiene water supplies.
Heating	Provide blankets, warm clothing and temperature monitoring.
Hygiene	Stock up on continence products, wipes and cleaning supplies.
Communication	Keep paper contact lists and battery-powered radios.
Dementia care	Prepare familiar activities and additional reassurance arrangements.
Evacuation	Review transport, alternative accommodation and individual evacuation plans.
Families	Establish procedures for providing updates to relatives.